



FOR IMMEDIATE RELEASE

June 23, 2015

### **Nutrience Oakville Half Marathon Adds a 5K Distance**

**Oakville, ON** – The Nutrience Oakville Half Marathon will add a 5K distance to the race day list of events, taking place on Sunday, September 27<sup>th</sup>, 2015. The addition of a 5K distance truly makes this event a run for the entire family, offering distances for all ages and abilities including the Nutrience Half Marathon, 10K, 10K Student Relay, 5K and 2K Fun Run/Walk! The 2015 Nutrience Oakville Half Marathon strives to grow and enhance the experience for all participants.

The route will be the last 5K of the 10K course, guiding participants through beautiful residential areas, stunning Lake Ontario waterfront paths and finish on the water in Coronation Park which is the same finish line as all other distances. The inaugural 5K will start at 7:00 AM on Rebecca Street, just east of Third Line and all participants will receive an event t-shirt, race bib, timing chip, specific race finishers' medal, post-race snacks and a great experience. There will be a FREE shuttle bus service to start line from Bronte Go Station and FREE baggage check service at start line.

“This is a great opportunity for additional Town of Oakville residents and beyond to get involved in our event. Our staff is very excited to implement the 5K distance” says Race Logistics Manager, Krystal Duz.

The Nutrience Oakville Half Marathon expects the addition of the 5K to also help grow the charity aspect of the event providing potential fundraisers with another popular distance to train, fundraise and participate in. The charity partners to date are Colorectal Cancer Association of Canada, Crohn's and Colitis Canada- Halton Chapter, Oakville Parent-Child Centre, Oakville & Milton Humane Society and STRIDE.

Registration is now open on the event website! Register early for the best 5K rate in town at only \$25 (plus HST and online processing fees) until 11:59 PM on Wednesday, July 1<sup>st</sup>, 2015.

#### **About the Nutrience Oakville Half Marathon**

If you are a walker or runner, recreational or experienced, we welcome you to sign up for the event! Race events include: Nutrience Half Marathon, 10K, 10K Student Relay, 5K and 2K Fun Run/Walk. Everyone is also invited to attend the free Runner's Expo taking place in gorgeous Coronation Park, right on the shores of Lake Ontario. A variety of vendors distributing free samples and products will be onsite. For further information on this event, please visit: [www.oakvillehalfmarathon.com](http://www.oakvillehalfmarathon.com).



– 30 –

#### **CONTACT:**

Brody Coles, Event Coordinator

905-949-1910 ext. 227

[bcoles@landmarksport.com](mailto:bcoles@landmarksport.com)